Welcome to ***HBC***

***September 10, 2023***

***H****ighland* ***B****aptist* ***C****hurch*

1500 Husband Road, Paducah, KY 42003

Phone 270-442-6444 – Fax 270-442-3373

 Pastor Dr. Richard Beck

 Song Leader Mr. Carl Wilson

 Music Director Dr. Carolyn Watson-Nickell

***Blessed is the nation whose God is the LORD***

 Psalm 33:12;

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**UPDATE TO Last Weeks Bulletin**

**Congratulations to Sarah Stafford**

REIDLAND HOUND OF THE (not week) MONTH

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**Sunday** 10:30 Worship Service

*In Person and on Facebook Live*

**Wednesday** 6:30 - Praying &Singing

*National Grandparents Day is the first Sunday of September after Labor Day. This day honors grandparents. Families are encouraged to make it a week long activity.*

*Here are Some Suggestions*

* Read a book with your grandfriends, grandparents, or grandfamily caregiver.
* Take a walk together through your neighborhood or favorite park.
* Share family stories of your favorite memories together, your family’s history, or look through a family photo album together.
* Go for an outing as a family (i.e. dinner at a restaurant, skating rink, hiking, amusement park, etc.).
* Cook a meal together using your favorite family recipe.
* Do an arts and crafts activity.
* Have a virtual coffee or lunch date.
* Participate in an in-person or virtual family game night.
* Volunteer together in remembrance of 9/11 or attend a 9/11 memorial service event.
* Gather in person as a family and share kind words to honor those grandparents, grandfriends or older caregivers who are no longer here. Afterward, plant a tree or flower seed at a park, family garden, or special location to amplify their remembrance.
* Write handwritten notes to your grandparents, grandfriends, or grandchild. Include in the envelope your favorite photos together.
* Call or video chat with your grandchild, grandfriends, or other loved ones and convey the love and appreciation you have for them.
* Bake healthy treats and deliver them to your grandchildren, grandfriends, or loved ones. Or, pop in for a visit and bake them together!

***PRAY FOR AMERICA - PRAY FOR REVIVAL***